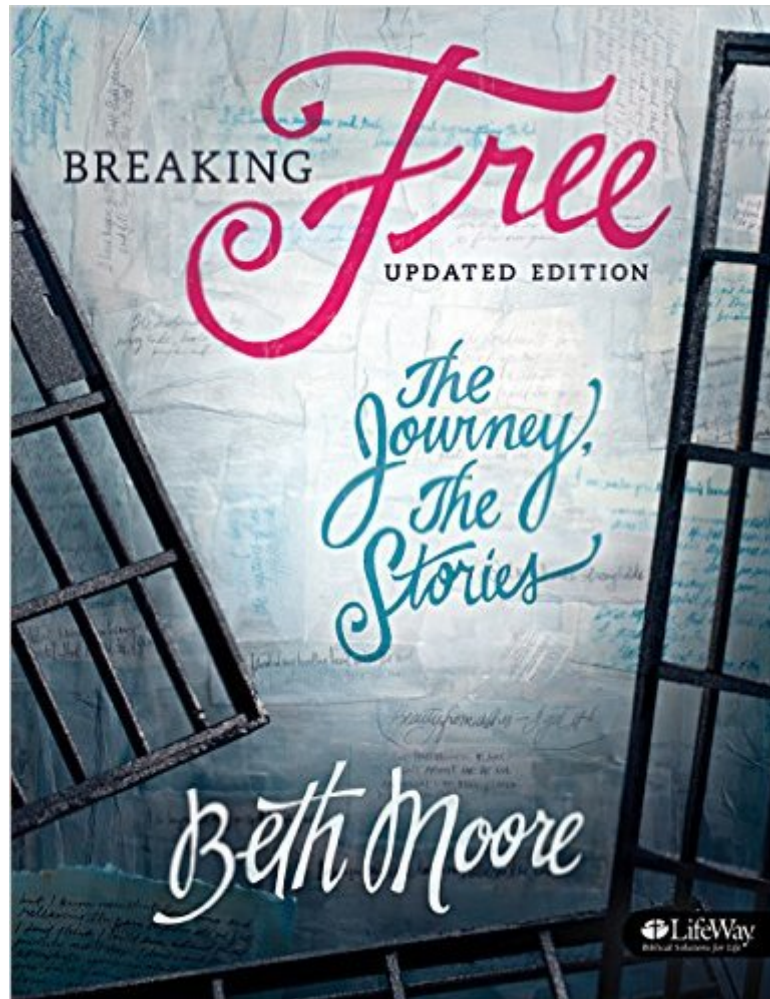


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# Breaking Free (Bible Study Book): The Journey, The Stories



## Synopsis

Breaking Free: The Journey, The Stories - Member Book by Beth Moore leads you through a study of the Scriptures to discover the transforming power of freedom in Jesus Christ. Themes for this study come from Isaiah, a book about the captivity of God's children, the faithfulness of God, and the road to freedom. This in-depth women's Bible study draws parallels between the captive Israelites of the Old Testament and New Testament believers in Jesus as the Promised Messiah. Beth looks at the Book of Isaiah through the lives of the kings who ruled during the prophet's ministry. These kings exemplify many of the obstacles to freedom with which we must deal. Using Scripture to help identify spiritual strongholds in your life, no matter how big or small, Beth explains that anything that hinders us from the benefits of knowing God is bondage. Join Beth Moore on a Bible journey unlike any other. God intends for you to know and believe Him, glorify Him, experience His peace, and enjoy His presence. Breaking Free is Beth's life message that she wants to share with you. Taped live at Franklin Avenue Baptist Church in New Orleans, this study includes testimonies of how women like you have found freedom and have been delivered from personal captivity. The Member Book Includes: 10 weeks of personal interactive study for five days a week 10 Scripture Memory Cards Viewer guide for use with the DVD teaching sessions

## Book Information

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## Customer Reviews

When I first read this updated version of Breaking Free by Beth Moore, I led an online study with

more than 50 women participating. Our experience as a group is that this study is LIFE changing. You will not be the same person on week one as week 10. The ten-week study is a transformation in thinking about our lives and the spiritual bondage that clutters it. When you read the workbook, you'll look back at generational bondage and discover the source of spiritual captivity. Then you'll learn tools for breaking free and step by step, this book will transform your life. In fact, the book was so powerful and popular, I'm now leading a study with 500+ women around the world participating. Women reading the book are learning that this Beth Moore bible study is like taking apart every little destructive thought cell, and replacing it with truth based on scripture. You may be dealing with obstacles of pride, idolatry, unbelief, prayerlessness and legalism. When you remove these five obstacles to faith, you experience the five benefits God intended for you. The only excuse you'll have for not getting this book is fear. You may fear digging into the past, or facing God's plan for your life. In fear, we become paralyzed with excuses and do not move outside our comfort zone. Why not get out of that spiritual pit, invest 10 weeks in time with God, and see where he leads you. It worked well for me, and 500+ other women in my online Bible study! Get the book...and break free!

This study can be done alone or with others. It gives lots of scripture readings. If you would like to deepen your relationship with God, this is a great way to study His Word. On-line lectures are also available.

I was looking to purchase the personal study book. This is the leader's guide. It has a wealth of information and questions to use in a group setting. It wasn't what I thought it was. I was very pleased with its return process and efficiency.

Beth Moore is one of the few bible study authors who has your Christian growth at heart. When you do this study with an open heart to God's Word you will be set free. This is a fabulous study for those who are tired of living beneath their privileges.

I just completed this Bible study. I know people throw out the phrase "life changing", but this truly was. I actually signed up for this only because I had recently moved and started going to the church where this was a study they were just beginning. I didn't think I had anything to break free from...my goal was to meet some Christian women, and I figured that it couldn't hurt. Well, if God didn't have something else in mind for me!!!! I came to realize there were at least three strongholds that were

actually huge in my life, and I don't know that if it weren't for this Bible study, if I would ever have realized it! I can't even begin to describe the peace that has taken over my life since faithfully completing this study. If anyone has anything from their past that they regret, this is the study for you!

This book, along with the group of women in my bible study have revolutionized my walk with Christ. I have been a Christian my whole life pretty much. I grew up in the church. But I was aware that something was missing. People say you should be able to "tell" somehow when someone's a Christian and I had no idea what they were talking about. And, more importantly (at least from a selfish perspective), I didn't have the peace and joy promised by God. Where was it? I desired a close relationship with God, I always have. But I found that there was some invisible barrier. This book helped me identify that barrier: I was unwilling to submit my life completely to a God I didn't know enough about to trust. This book (among others I'm reading) really helped show God's love, even through life's traumas and challenges. And it gave me a place to start changing my view and learn more. I'll admit I haven't read much of the bible. At least not before the study. I didn't feel connected to it. And as this study forced me to read more and more and connected different pieces together, I found that I actually enjoyed reading the bible more and got more out of it. I don't think you can take anything you read out of the context of your life during that and the additional ways that God speaks to you beyond the book. But if you ask him, you'll find all the healing and understanding you've been looking for. It just might take some time. This has been a huge leap forward for me in my walk and has helped me begin the process of healing from past wounds and breaking through the bonds that bind me. Update: 4/12/16 It's admittedly taken me longer than the traditional ten weeks to make it through this book with my bible study group, but I can honestly say that I've stepped out the other side a different person. God has really shaped my life through this book and other sources. And it's really interesting to go back to pages where certain things like actually trusting God, even a little bit, seemed completely impossible and then look at where I am now. There just seemed like so much gap between what I was learning needed to be and where I was that I thought I could never bridge it. I guess it's a good thing that I wasn't taking this journey alone. And you aren't either. He'll be right by your side. Every step of the way.

I've only gotten one week done at this point, but I am really loving this bible study guide. I've not ever done a Beth Moore bible study before, but I'm really liking the study guide format, lessons and the video that we follow along with in our group.

This is a revised version of one of Beth Moore's best Bible studies. This is my second time working through it, and it is more understandable to me today than it was ten years ago. If you have been walking with The Lord for a while, you're bound to find some strongholds in your life that you may not know how to deal with. The readings and exercises are exhaustive, but so is living in captivity. Beth Moore leads the reader like a skilled surgeon through the process of identifying the strongholds in our lives and surrendering them to our Lord for annihilation. You'll love every moment of this study, sensing the Savior's presence, with every step you take toward liberty in Christ!

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